

The Pandemic A H1N1 Vaccine

The **Pandemic A H1N1 Vaccine** will protect our most **Vulnerable Community Members** and **Healthcare Workers** who care for them.

Pandemic influenza A H1N1 can be a dangerous disease, especially for the people who are at risk. Kenya has received a limited supply of Pandemic A H1N1 Vaccines for vaccination against the Pandemic influenza A H1N1. The Ministries of Health in collaboration with WHO recommends that this vaccine be given to our most vulnerable community members and healthcare workers.



Healthcare Workers

Pandemic influenza A H1N1 is likely to cause another serious influenza illness season this year, so it is important that all healthcare workers are vaccinated against pandemic influenza A H1N1.

The healthcare workers need to be healthy themselves to care for sick people and prevent them contracting the disease from clients or them spreading the disease to their clients/patients and family members.

Healthcare workers are priority group for vaccination in order to secure the health care system in case of a more virulent Pandemic Influenza A H1N1 Virus occurrence in future.



Pregnant Women

Observations worldwide has shown that pregnant mothers who get pandemic influenza A H1N1 can become very ill and even die.

It is important that you receive pandemic influenza A H1N1 vaccine during your pregnancy to protect you and your baby.



People with Chronic Medical Conditions

Persons with chronic medical condition can get very sick and even die if they get pandemic influenza A H1N1.

If you suffer from chronic medical conditions like Cancer, Diabetes, Heart disease, Sickle Cell disease, HIV and AIDS then get vaccinated. It will protect you from the pandemic influenza A H1N1.

Community Members

Community members like you can encourage high risk persons (pregnant women, people with chronic medical conditions and even healthcare workers) to get the pandemic influenza A H1N1 vaccine. The vaccine is made like other flu vaccines that have been used for years in the World. Millions of people in Countries around the World have received the pandemic influenza A H1N1 vaccine since October 2009.

Get Vaccinated

Be Safe

Be Protected

This vaccine has been used in other countries and is effective and safe.

Vaccines can be found in all health facilities at NO COST.
Consult your nearest health facility.

Families of people at risk and the general public who will not receive pandemic influenza A H1N1 vaccine can protect themselves by practicing good hygiene.



CLEAN

Wash your hands with soap and water after you cough or sneeze.



COVER COUGHS AND SNEEZES

Cough or sneeze into a handkerchief or tissue, or into the crook of your elbow.



SOCIAL DISTANCE

Always avoid overcrowding, keep safe distance from people with flu like symptoms.



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